



SPRING FAST

H O L Y W E E K

Introduction

FASTING INSTRUCTIONS

Seven days of prayer and fasting March 29 through April 4, 2021

Our theme for this fast is: **UNLOCKING OUR PRAYER POWER!**

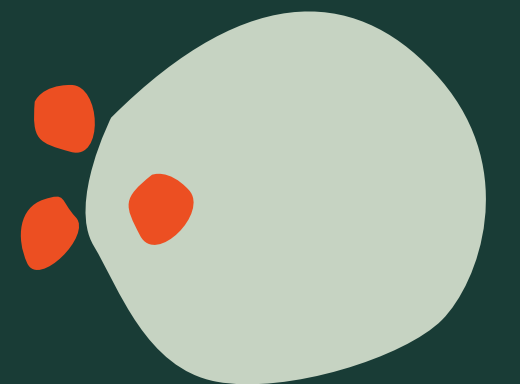
During this fast we can limit our eating to one meal a day preferably in the evening with plenty fluids (water, diluted fruit juices,etc.)

during the day. Or some May choose to do the Daniel fast:

consuming fruit and vegetables only with plenty water and/ or

juices, no meat and no sweets or however the Holy Spirit may lead

you to fast, as long as you pray and meditate on God's word.



Introduction Continued

Our main focus is seeking God more than we have done before, for we want more of his presence and more of his power in our lives and the lives of others. The presence of God is for you and the power of God is for someone other than you. We really want to give God our undivided attention and not allow our plans, interests, or concerns to receive primary attention, only God our Father. We want to seek to know God's character, for to know His character is to know what He has on His mind for our future in Him. We must accept full responsibility to pray for God's kingdom on earth as it is in heaven and our families, our churches, our cities, our communities, our government, our nations and the world. We are people called to become intimate with God so we can know and understand his will for our lives thus unlocking our hidden prayer power!

Monday, March 29th, 2021

Day 1: Knowing God Intimately



James gives us ways to come near to God. Submit to God, yield to his authority and will. Commit your life to him and his control, and be willing to follow him Resist the devil - don't allow Satan to entice and tempt you. Wash your hands and purify your hearts. Confess your sins and receive God's forgiveness (Cover us with your blood Lord Jesus, the blood of Jesus washes us and cleanses us from all unrighteousness)

Isaiah 65:24 *Jeremiah 31:3; 33.3* *I Corinthians 10:31.* *I John 1:9; I
Timothy 2:1* *Psalms 63:1-11* *John 17:22-23* *John 15:4-16*

This is also the 1st day of the Holy Week leading up to Resurrection Day (Easter), This day Jesus cleared the temple.

Luke 19:45-48 *Mark 11:15-19* *Matthew 21:12-22* *John 2:13-17*



Tuesday, March 30th, 2021

Day 2: Be Moved With Compassion

Compassion is being concerned with the human spirit and soul. It's acting to alleviate the suffering of others. People need the Lord, even in the church, we must show compassion as Jesus did, in our everyday walk of life.

Compassion is sometimes the final capacity for feeling what it is like to live inside somebody else's skin, it is the knowledge that there can never really be any peace and joy for me until there is peace and joy for somebody else too!

Proverbs 31:8-9 1 John 3:18 1 Peter 4:10 Zechariah 7:9-10 Phillipians 2:1-2

2nd day of Holy Week, Jesus goes to the Mount of Olives

Matthew 21:23-24:5 Mark 11:20-13:37 Luke 20:1-21:36 John 12::20-38

Wednesday, March 31st, 2021

DAY 3: FOCUS ON PRAYING LIKE JESUS PRAYED

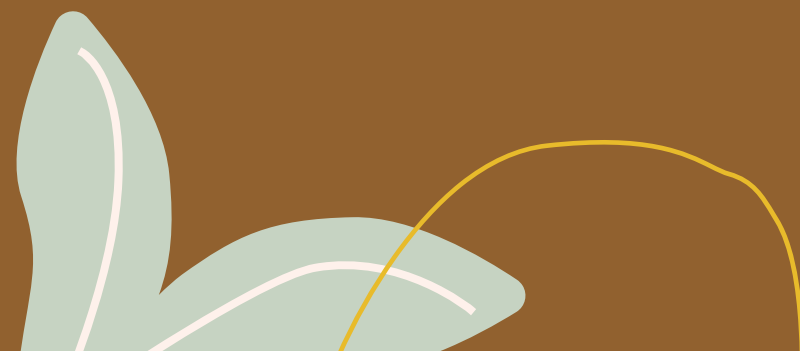
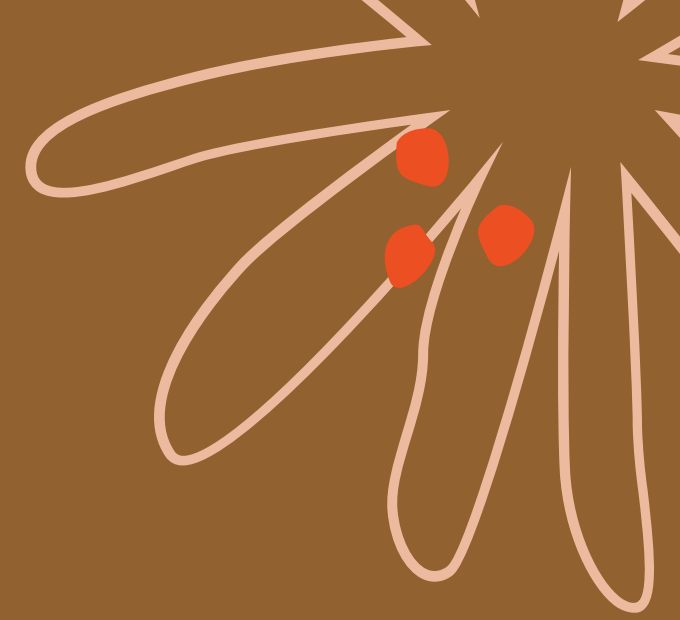
When Jesus prayed things happened

Prayer was the heart of Jesus's success and it is also the key to our success as believers in Christ. Jesus prayed early in the morning, as well as at night. He prayed before and after the great events of his life and when life was usually busy.

John 12:28; 17 Mark 1:35 Luke 5:16; 6:12; 11:1; 22:32

3rd day of Holy Week, Jesus raised Lazarus from the dead.

John 11:41-42 Luke 23:34 Matthew 27:46 Mark 15:34 Luke 23:46





Thursday, April 1st, 2021

Day 4: Reason With God

The word of God assures us that if we are willing and obedient Christ will forgive and remove all sin, He will forgive us and wash us of all unrighteousness. We never have to fear that God will remind us of our previous sin because God forgives and therefore we need to forgive others. We must strive to conform to the will of God. His knowledge and wisdom are far greater than ours. Come to the realization that every promise is yes and Amen! Let's learn the promise and stick with it.

Isaiah 1:18; 43:26; 55:8-9 I Corinthians 13:11

4th Day of Holy Week, Passover and Last Supper

Matthew 26:17-75. Mark 14:12-72 Luke 22:7-62 John 18:28-19:37



Friday, April 2nd, 2021

Day 5: Understand God's Character

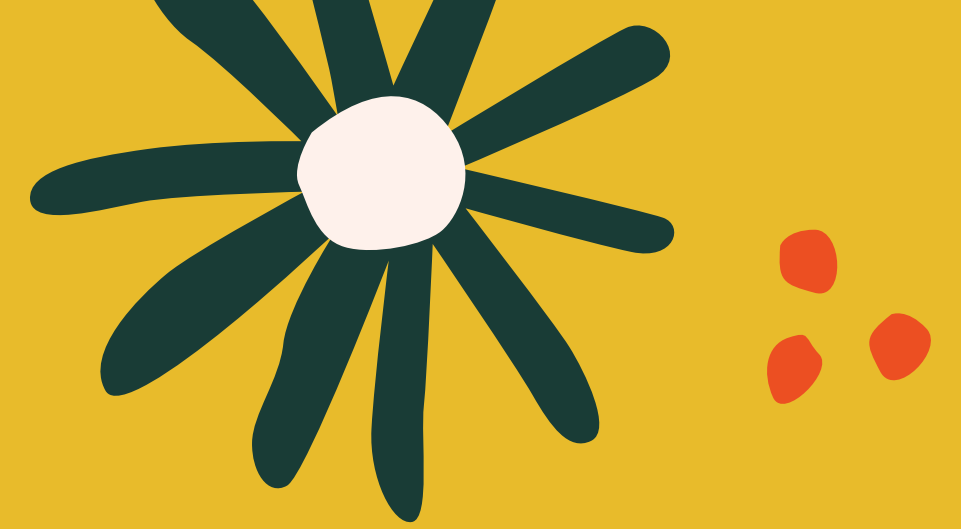
I like what I John 4:8 says, John says, “God is love”. Real love is like God: holy, just, perfect and unconditional. If we truly know God we will love as He does. God shows us His most powerful act of love by sending His son Jesus Christ to live among us, die for us, and forgive us. We should love because He first loved us first (John 4:19). We follow Christ’s example by loving everybody regardless of their race, sexual orientation, age, social condition or any other differences. Jesus always reached out to the needy with compassion and care. What a privilege it is for us to do the same.

Father God, in Jesus name, help us to love others like you do, we can’t do it without you!

II John 5.

5th day of Holy Week (Good Friday): Trial, Crucifixion, Death and Burial

Matthew 27:1-62. Mark 15:1-47. Luke 22:63-23:56. John 18:28-19:37



Saturday, April 3rd, 2021

Day 6: Accepting Our Responsibility

Sometimes we may become discouraged because of a lack of results in a timely manner. We must hold on to the eternal fact that Christ have won the ultimate victory and our lives should lovingly express a heavenly perspective. We walk by faith, not by how it seems. It's our responsibility to be steadfast, unmovable ,always abounding in the work of the Lord and know without a shadow of doubt that our work is not in vain.

II Corinthians 15:58

Galatians 5:1

Ephesians 6:10-18

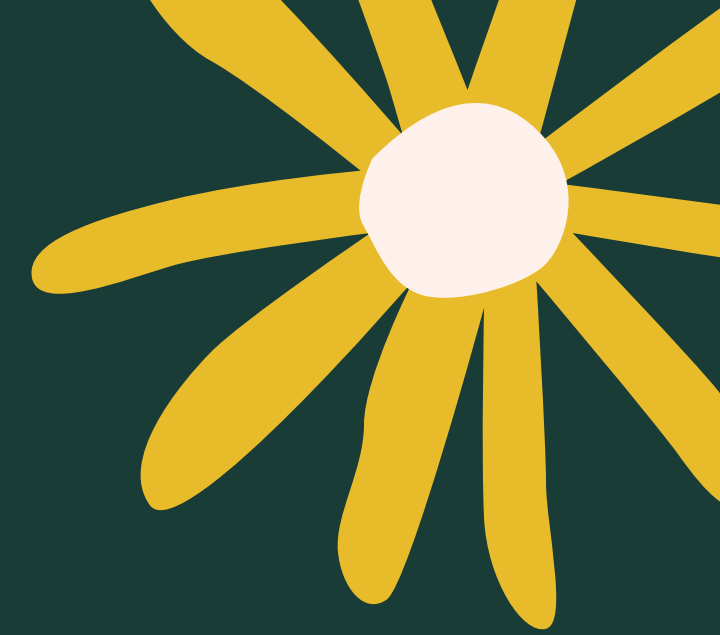
Galatians 6:9-10

Colossians 3:2-4

6th day of Holy Week In the tomb

Sunday, April 4th, 2021

Day 7: Unlocking Secret Mysteries - Prayer Power



Prayer is the basis of everything God is accomplishing in the world. It is so important for us to unlock our hidden reserves of divine power and confront the enemy. We are not left to our own resources to cope in the world. As sons of God when we don't know the right words to pray The Holy Spirit prays with and for us and God answers. With the Holy Spirit helping us pray we don't need to be afraid to come before God we can ask The Holy Spirit to intercede for us in accordance with God's will. *"God does nothing except in response to believing prayer"* (John Wesley). Praying in the Holy Spirit is key to all other spiritual revelation The most exciting things in the world for believers is knowing that you can pray a God-given prayer with your own born-again spirit.

Ephesians 6:18. Jude 1:20 John 4:24 Matthew 6:7 Philipians 4:6-8
Matthew 17:21 Mark 9:29

7th day of Holy Week, Resurrection Sunday.

Mark 16:1-14 Luke 24:1-49 John 20:1-23

God's presence stills you. God's power stirs you.





THANK YOU FOR
PARTICIPATING IN THE
HOLY WEEK - SPRING FAST

WEBSITE

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